

ANNUAL REPORT

2015



changing lives!



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Dear Readers,

It is my pleasure to introduce you to the next chapter in the work of The Cedar Foundation. After 11 years in Bulgaria the time had come to expand our work and move to the beautiful country of Tanzania.

In Bulgaria, we specialised in working towards improving the lives of disabled children and adults. It didn't take long after we landed in Tanzania to decide that our work was going to move in a different direction here. After months of listening, studying and surveying we decided our mission would be to "envisage Tanzanian communities that are thriving, free from suffering and injustice."

Once we decided the geographical area we would work in (the village of Kamanga) the job of doing a complex survey, began. This was so we could identify the strengths and needs of Kamanga. The survey has laid the ground work for us in implementing our first major projects. These projects are in the areas of community empowerment, especially that of women, Health, Education and Entrepreneurship.

There are no quick solutions in order to produce quality development work and develop the capacity of the area we live and work in. Our plan is a long term one. Enjoy reading our first annual report and how The Cedar Foundation has partnered with the People of Kamanga in order to see people thrive and live life to the full and free of suffering and injustice.

The work could not have been so successful had it not been for the kindness of our sponsors, the day to day work of our committed staff and volunteers and the shared values of our project partners

Enjoy the ride!

Mark O 'Sullivan

A MESSAGE FROM THE DIRECTOR





Mark O'Sullivan
Director
Board Member



Julia Eskdale
Director
Board Member



Claire Michelotti
Operations and Funding Manager
Board Member





Penny O'Sullivan

Admin And Communications Officer

Board Member



Kat Wright Field Officer



Abdul Kaunga Field Officer



Seche Bwanahindi

Admin and Finance Officer

In January 2015, The Cedar Foundation established a branch in Kamanga, Tanzania where we partner with communities to help them thrive and alleviate suffering and injustice, across multiple sectors ranging from health and education to entrepreneurship and the empowerment of women.

The skills and expertise we bring to Kamanga are founded upon a strong track-record of improving people's lives in Bulgaria. In 2005, Mark O'Sullivan was exposed to the hardships and needs of Bulgaria's orphanages. In response to the human injustice of barely supervised, unloved, cold, animalistic living conditions in the orphanages, Mark founded The Cedar Foundation.

To find out more about Kamanga and to inform our future work, we conducted a survey of Kamanga in partnership with Bugando Medical Centre, the main referral hospital of the Lake Zone. A total of 110 people, including women, men, young people and vulnerable individuals took part in the study.

We thank the Bugando Medical Centre for partnering with us and conducting this survery. It has served to direct us as we seek to partner with the people of Kamanga in meeting the needs that they have identified as being the most urgent.



OVERVIEW

- Kamanga is situated in the North West Lake Zone region of Tanzania, and lies directly across an inlet of Lake Victoria from the city of Mwanza.
- Kamanga has a population of 4355, making up 859
 households. (National Bureau of Statistics, 2013)

The survey highlighted that the people of Kamanga desperately need;

- a health centre
- an improved educational system
- entrepreneurial opportunities
- a more empowered community, particularly in terms of a rebalance of power between men and women in which there is prevention of violence against women.

Our vision therefore is to establish a health centre in Kamanga village, for we believe that every individual has a right to access safe health care. Currently the people of Kamanga and the neighbouring villages must make an hour's perilous journey to the nearest medical facility. We thank the District of Sengerema for their partnership as we both seek to address the urgent medical needs of this region.

The survey identified the need for an improvement in Kamanga's education system. We hope to empower teachers with skills and tools that can once again enable them to serve and educate the children and young people of their community in a more productive way. We thank the men and women of Kamanga for supporting us and for partnering with us, in looking for ways to best improve education in their community.



OVERVIEW

- Regular ferry services link
 Kamanga and Mwanza and
 an unpaved road leads to the
 south, towards Sengerema
 town. Ferry services stop at
 around nightfall, or at 7:30pm
 each night.
- In Kamanga people mainly depend on agriculture and fishing for their subsistence livelihoods.

The survey also identified a lack of entrepreneurial skills and opportunity as one of the urgent needs for Kamanga. In response Cedar Tanzania has partnered with Eternum Enerygy to bring about new job opportunities and entrepreneurial support to the people of Kamanga. Their Solaris initiative specialises in empowering entrepreneurs in low income villages with technology and business solutions and allows them to generate revenue whilst serving their community.

We are so thankful to our partners Raising Voices for guiding us and for being a sounding board as we proceed with the implementation of their SASA! Program. This outstanding project seeks to rebalance the uses of power between men and women, in the prevention of violence against women, an issue that needs to be addressed in Kamanga village.

We are so proud to have partnered with such wonderful organisations and the people of Kamanga village, who share the same desire to bring about these changes in Kamanga. Together we are *Changing Lives!*



OVERVIEW

- Initial research revealed that in the village of Kamanga people's main water source for drinking and washing is the heavily polluted water from the lake, which causes serious health problems.
- Preliminary research also showed that despite its proximity to Mwanza, Kamanga has only very basic services and severely limited economic opportunities for its residents.



BRINGING SAFE AND RELIABLE HEALTH CARE TO KAMANGA

NYAMATONGO HEALTH AND COMMUNITY CENTRE

THE SITUATION

'One of the things that struck me the most when we were doing our survey of Kamanga was the number of reports from villagers about heavily pregnant women dying because they couldn't get to the nearest health center quickly enough. The nearest health facility is either an hour's motorbike ride on a dirt road or a forty-five minute to an hour's ferry journey across the lake, although this is not an option at night.

The fact that we are working with the people of Kamanga to bring a sustainable health centre to their area makes me very happy indeed!' Mark O'Sullivan, Director of Cedar Tanzania.

THE PROJECT

To construct a health and community centre, in three phases, which will have: a dispensary/ a staffed and equipped health care facility/staff accommodation/ classrooms/ outside learning areas / ICT room /hall-large covered area for community meetings and events/ sports field/ children's play area.

THE PARTNERS

- * The NGO Msaada * Sengerema District Council * The leadership and people of Kamanga *
- * Interteam *

NEW PROJECTS HEALTH

WHERE

Nyamatongo Ward, KAMANGA VILLAGE

WHAT

Constructing the Nyamatongo health and community centre

DURATION

July 2016 – July2019



EMPOWERING ENTREPRENEURS THROUGH SOLAR ENERGY

THE SITUATION

"When asked about opportunities for entrepreneurship, respondents reported that there is a limited amount of small scale entrepreneurship in Kamanga. The main barriers to business development are lack of capital and entrepreneurship skills" (Bugando Survey Report on the village of Kamanga 2015, pg 25).

THE PROJECT

Solaris specialises in empowering village entrepreneurs with technology and business solutions which allow them to generate revenue whilst serving their community. This expertise, combined with our in depth knowledge of the Kamanga community, has resulted in the successful installation of 35 solar power appliances in the village, five of which were a direct result of Cedar staff referral and twenty of which were a result of indirect referral by Cedar staff.

This pilot project has established promising foundations for what we hope will be an accelerated expansion of the programme, equipping local entrepreneurs with a product and skills that generates personal income as well as stimulating the local economy.

THE PARTNERS

* Eternum Energy * The leadership and people of Kamanga *

NEW PROJECTS

ENTREPRENEURSHIP

WHERE

KAMANGA VILLAGE

WHAT

Developing entrepreneurial opportunities and training individuals through our partnership with Eternum Energy and their Solaris initiative.

DURATION

December 2015 - December 2016



EMPOWERING WOMEN THROUGH SASA!

A domestic violence prevention programme

THE SITUATION

"According to respondents, historically, the women of Kamanga have not enjoyed equal status with men. As in other African communities, the women are expected to take on the responsibility for caring for the whole family: ensuring that everyone has enough food; overseeing children's progress at school; chopping firewood; fetching water, and washing clothes. In addition they are expected to contribute to the family income by participating in agriculture and/or in micro-businesses." (Bugando Survey Report on the village of Kamanga 2015, pg 25).

The imbalance of power between the sexes, as shown above, often leads to men using violence to control and manipulate women. The transmission of HIV/AIDS to women is increased in these situations as saying no to advances often leads to more physical violence.

THE PROJECT

In partnership with Raising Voices we are implementing the SASA! Programme a groundbreaking community mobilization approach for preventing violence against women and HIV. This approach was developed, tried and tested by Raising Voices, and is uniquely designed to address a core driver of violence against women and HIV: the imbalance of power between women and men, girls and boys. SASA! inspires and enables communities to rethink and reshape social norms.

The Cedar Foundation has begun to implement this long term programme. We are excited at the prospect of working with the whole community as well as the governments and other institutions at every level to empower women and foster healthy relationships within the communities we work in.

THE PARTNERS

* Raising Voices* Sengerema Disctrict Council * The leadership and people of Kamanga*

NEW PROJECTS

WOMEN EMPOWERMENT

WHERE

KAMANGA VILLAGE

WHAT

Implement the SASA! Programme in Kamanga in order to re-balance the power between men and women in the hope to prevent violence against women

DURATION

March 2016 - On going



Upendo Klabu ya Watoto "Love the Children Club"

THE SITUATION

The Bugando Kamanga survey highlighted some major needs in the education system. It pointed out that the educational system was failing children and young people due to high class numbers and lack of educated teachers and resources.

THE PROJECT

In response to the survey findings we initiated our first pilot education project in May 2015 called *Upendo Klabu ya Watoto* (Love the Children Club). It's main aim was to form relationships with the children, guardians and parents of Kamanga community. We educated children using elements of the Tanzanian Pre-Primary Science syllabus, through creative methods and focused on water, food and health. Approximately 30 children were involved in this project, attending weekly two hour sessions for eight weeks. We had parents praising us for this initiative and the children's response was so positive that we hope to initiate another such like project on a wider scale in the future.

COMPLETED PROJECTS

EDUCATION
PEOPLE REACHED: 70

WHERE

KAMANGA VILLAGE

WHAT

Completed a pilot project that implemented fun and creative ways to educate children about hygiene and safe drinking water and built up relationships with the parents and guardians of the children

DURATION

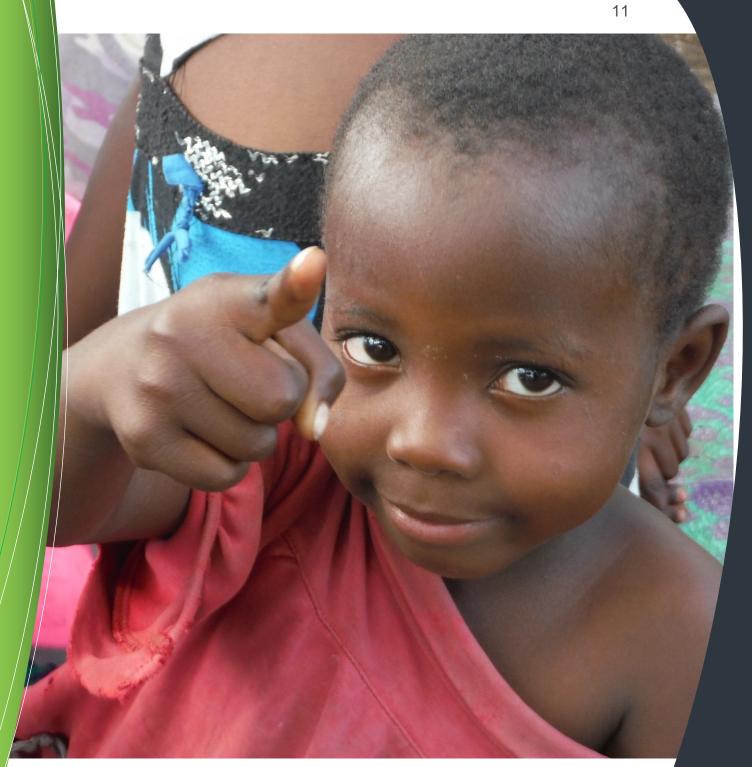
May 2015—July 2015

OPERATING & FINANCIAL REVENUE		
DETAILS	AMOUNT	PERCENTAGE
Accumulated funds	57,254,575.00	12%
Funds from Switzerland	403,532,653.00	88%
Total Revenue	460,787,228.00	100%

OPERATING EXPENDITURE		
DETAILS	AMOUNT	PERCENTAGE
Project expenses	366,584,781.04	88%
Administration expenses	42,474,226.65	10%
Survey expenses	7,851,250.00	2%
Total expenses	416,910,257.69	100%

2014/15 FINANCIAL REPORT





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